

Activity Suggestions

Go [here](#) to see a map identifying all suggested activities, staff picks, and conference venues.

With so much to do in Halifax and Nova Scotia, it can be a bit overwhelming trying to make the most of your short stay in our province. Be sure to check out the [Nova Scotia Doers and Dreamers Guide](#) for a wide selection of sights and activities. We've provided a small selection of possibilities below to get you started, including a few fun activities that you can do for free:

Murphy's on the Cable Wharf (boat tours launching minutes from the conference centre)

Murphy's on the Cable Wharf is a staple of the Halifax tourist experience and a one-stop shop for as many boat tour options as you can think of. From amphibious tours through Halifax's rich history, to tall-ship cruises through the beautiful Northwest arm, to deep-sea fishing excursions, there's something for everyone... who likes boat tours.

In support of Biomag 2014, Murphy's has provided conference attendees and guests with a 10%-off coupon for all boat tours between August 20-August 28, 2014. You can view the full schedule of tours, and subsequently book, [online](#). You can also book over the phone. Be sure to use promo code "BIOMAG2014" to redeem your discount. Description of boat tours is available [here](#).



Peggy's Cove

It's the world's most photographed lighthouse and an iconic image of the Nova Scotia experience: Peggy's Cove is a postcard village providing access to the awe-inspiring rugged ocean coastline the province offers.

Ambassatours provides a half-day tour to Peggy's Cove, with pickup available at several major hotels in Halifax.

Friendly, kilted tour guides will keep you entertained with tall tales, historic gossip and local folklore. After the tour, go explore on your own or visit the gift shops. Take advantage of this photographer's paradise.



Grape Escapes: Nova Scotia Wine Tours

Discover North America's hottest award-winning wine destination by booking a tour with **Grape Escapes**! Jump onto a bus in downtown Halifax and travel to the luscious green Annapolis Valley to visit numerous wineries of your choice - all in one afternoon! Finish the day by enjoying a gourmet, three-course meal at one of Wolfville's finest restaurants.

With private group tours that can be catered to your taste, Grape Escapes is an exceptional opportunity to sample some of the finest wines, cheeses and banquettes in North America.



Sea Kayaking with East Coast Outfitters

Explore Nova Scotia's scenic coastline only 30 minutes southwest of Halifax. **East Coast Outfitters** offers guided tours, rentals and lessons for sea kayaking in some of the most beautiful waters in North America. A great activity for individuals, groups, and families!

If you are feeling adventurous, try stand-up paddling.

For transportation, please contact Trevor Maclean at EAST Shuttle: www.eastshuttle.com



Glen Arbour Golf Course

Play a round of golf at the beautiful **Glen Arbour** course in Hammonds Plains - only minutes out of the city. As one of Atlantic Canada's premier golf courses, Glen Arbour offers 18 holes with natural lakes, streams and mature forests with significant elevation.

Glen Arbour offers a full-service experience. Upon arrival, you can visit the Pro Shop to stock up on supplies, smash a few balls on the driving range to warm up before tee time, and then visit the Grill Restaurant after a day on the course.

Booking a round of golf has been made easy! Glen Arbour allows golfers to book a round directly from **their website**.



Top 3 Free

Point Pleasant

Point Pleasant Park is one of Halifax's greatest attractions. Only 2.5 kilometers (1.5 miles) from downtown, Point Pleasant Park gives you a place for a morning run, sunny afternoon walk, or a sunset stroll by the ocean. Bring your friends and family and enjoy the scenery.



Halifax Seaport Farmers Market

The **Halifax Farmers' Market** is the oldest continuously operating farmer's market in North America - having been founded in 1750.

With over 250 vendors in the heart of downtown Halifax, the market sells Nova Scotia's best local products, from seafood to organic produce. The Farmers' Market is an excellent attraction with something for everybody.



Citadel Hill

Visit one of Halifax's most iconic landmarks - the **Citadel Hill**. Constructed in 1856, the national site attracts tourists from all over the world every year. Today, the Citadel Hill commemorates Halifax's role as a key naval station in the British Empire and brings history to life in Atlantic Canada's largest urban centre.

Guests can visit the museum, enjoy one of many guided tours, or explore on their own.

